

FALL 2014 ADULT AND SENIOR PROGRAMS

6 WEEKS

SEPTEMBER 15 – OCTOBER 24

Golf with TGA

Learn the basics of Golf with a golf pro. In Memorial Park. **Tuesdays 6:15-7:15 pm**. The last week is held at a local golf course.

Dance

with Anna de la Paz

Learn, or re-learn, your favorite dance steps to music from all around the world. **Thursdays 11:00-12:00 pm** at Nyack Center.

Healthy Cooking with La Talaye Catering

Have fun learning new recipes with exotic, healthy and inexpensive ingredients. Ingredients included in price. **Fridays 11:30-1:00 pm** at Nyack Center.

One-Time Events 9:00-3:00 pm

- Ultimate Frisbee Tournament - Saturday, September 20
- Mountain Bike Polo Tournament - Saturday, October 11
- Flag Football Tournament - Saturday, November 1

Participants must register one week before Event date. Send Registration Form to Nyack Village Hall. All events will be held in Memorial Park. Rain dates are the following days. All participants receive a t-shirt.

Pricing per Program for 6 Weeks:

TGA Golf	Resident: \$120	Non-Residents: \$144
Dance	Residents: \$45	Non-Residents: \$54
Cooking	Residents: \$90	Non-Residents: \$108
One Time Events	Residents: \$20	Non-Residents: \$24

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Drawing Historical Sites in Nyack

with Bill Batson

Draw and learn about the local historical buildings in Nyack with the creator of Nyack Sketch Log on NyackNewsAndViews, and Artist-in-Residence at the Nyack Farmer's Market. Materials included in price. **Mondays 12:00-1:30 pm** in Memorial Park and the Historical Society Building.

Beginning and Intermediate Drawing & Painting with Sue Altman

An introduction to drawing and watercolor techniques for students of all abilities. Materials included in price. **Tuesdays 10:00-12:00 pm** at Nyack Center.

Great American Songbook with Alice Leon

Listen, explore, discuss and sing-a-long to the greatest songs of all time. And even create some new hits! **Wednesdays 10:00-11:30 am** at Nyack Center.

Nyack Senior Center

Bingo - FREE

Mondays at 10:30 am
Tuesdays at 1:00 pm
Fridays at 10:30 am

Nyack Senior Center
90 Depew Ave
845-353-1311

nyacksc@mowrockland.org

Pricing per Program for 6 Weeks:

Songwriting	Residents: \$65	Non-Res: \$78
Painting with Sue Altman	Residents: \$60	Non-Res: \$72
Drawing with Bill Batson	Residents: \$50	Non-Res: \$60

Send Payment, Registration Form and Medical Release Form (located in this pamphlet) to:

Recreation Department
Village of Nyack
9 North Broadway
Nyack, NY 10960